



Bearness Primary School Summer Term Home Learning Planner

We have designed a range of activities that are suitable for all abilities and ages. Please do not feel pressured to do all of them each week. It would be great if you wanted to design your own activities around the theme too! We would love to see what you have achieved so please continue to share this with us on SeeSaw, Tapestry or the school Facebook page.

Have fun!

Week 5		
Life in lockdown		
<p>Art/DT</p>	<p><u>'Lockdown' Doodle</u></p> <p>Nothing is more therapeutic than grabbing a pen or pencil and doing a doodle! Find a cosy corner in your house or garden and think about how your life in lockdown can be shown in a doodle. There are many positive things we can focus on. Maybe you could draw a series of doodles that tell a story? Here are some examples to help with inspiration!</p> <div style="display: flex; justify-content: space-around;">   </div>	<p><u>Make a Salt Dough 2020 Lockdown Keepsake</u></p> <p>Ingredients: 500g of plain flour, 250g of salt, 250ml of water (add slightly more water if necessary)</p> <p>Instructions</p> <ol style="list-style-type: none"> 1. Mix the flour and salt then add the water 2. Mix into a dough 3. Roll out on to a flat surface into the desired shape about 1 to 1.5cm thick (remember to sprinkle some flour down to prevent sticking) 4. Place on a baking tray 5. Make hand imprints (as deep/clear as possible) 6. Place in the oven on the lowest heat possible and bake for three to four hours or until completely solid top and bottom. (Alternatively, you can leave to air dry for a couple of days in a cool dry place - this is the best option if you only have self-raising flour) 7. Paint with your choice of paints/colours. Leave to dry then seal with any kind of varnish or sealer to preserve it. PVA and water mix will work too.

Bearness Primary School

Summer Term Home Learning Planner



Science

Science at home during lockdown

The BBC have lots and lots of activities all about Science.

Cbeebies have 5 great experiments that you can do from home:

<https://www.bbc.co.uk/cbeebies/makes/lets-go-club-five-excellent-experiments>

1. Make your own lava lamp
2. Colour changing magic
3. Make your own rainbow cloud
4. Make your own slime
5. Squirty Chalks

Or, if you want to watch some live science lessons, visit:

<https://www.glasgowsciencecentre.org/gsc-at-home>

Who is missing the animals at Paignton Zoo?

If you are, do you know that you can watch live web cams of lots of different animals and they are offering this for free?

Click on this link to choose from 12 different live animal webcams, including badgers, polar bears, penguins and elephants.

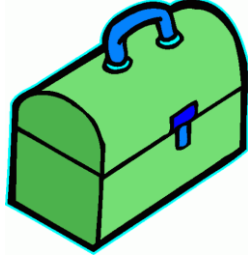



1. Folly Farm, Pembrokeshire, Lambs
2. Edinburgh Zoo, Pandas
3. San Diego Zoo Penguins
4. San Diego Zoo Polar Bears
5. Dublin Zoo, Elephants
6. Houston Zoo, Giraffes
7. Wildlife Trust, Cumbria, Badgers
8. Kansas City Zoo, Penguins
9. Kansas City Zoo, Giraffes
10. Atlanta Zoo, Pandas
11. African Animals

Barnes Primary School

Summer Term Home Learning Planner

	<p>KS2 https://www.bbc.co.uk/bitesize/subjects/z2pfb9q</p> <p>KS1 https://www.bbc.co.uk/bitesize/subjects/z6svr82</p> <p>https://www.bbc.co.uk/teach/terrific-scientific</p>	<p>12. Australian Zoo, Lions, Penguins, Snow Leopards</p> <p>https://www.countryliving.com/uk/wildlife/countryside/g31784857/live-animal-webcam-zoo/</p> <p>What interesting facts can you find out about the animals that you watched?</p>
Music	<p><u>Musical Memories</u> Music is very emotive and can bring back vivid memories. 'Calibans Dream by Underworld' always brings back memories of summer 2012 and watching the Olympics in London. What songs or music will you always associate with your experience of 'Lockdown 2020' and why? Is it the poignant lyrics? Something you keep hearing on the TV/radio eg an advert? Something you've sung or played lots? What memories and emotions will you associate with this music?</p>	<p><u>Music really is good for us all.</u> Research shows that listening to music releases certain chemicals in the brain. <u>Dopamine</u>, a 'feel-good hormone' is released every time you listen to music you like. Also, listening to music with someone else can release <u>prolactin</u>, a hormone that bonds people together. What songs or music make you feel really good and lift your spirits? Can you make a 'feel good' playlist? Can you sing/play that song and really express yourself and get others to join in? Have a good boogie – dancing, clapping, jumping, laughing, movin' and a shakin' Get up, have fun and let yourself go! How do you feel afterwards? Why do you think this is? (Try it again if you need to lift your spirits. It really does work!!!)</p>
PSE/RE	<p><u>Create a Coping Toolbox</u> You will need: Any box or container (which you could decorate). Life is upside down right now. Finding ways to relax and cope is vital to help your mind and body switch off from worries. You should fill your 'coping toolbox' with things which remind you of good times or will help you feel better. Some examples of things which make me feel better are: photos, drawings, a gift which someone has given me, a bar of chocolate, a bath bomb. You might want to include a list of activities you can do to relax: cuddle a teddy, watch a</p>	<p><u>Islam: Eid al-Fitr</u> This week sees the end of this year's Ramadan and the beginning of Eid al-Fitr which is celebrated by Muslims all over the world. Eid marks the end of a month of fasting from dawn to sunset, as well as spiritual reflection and prayer. Usually Muslims celebrate with their friends and families, but this year will be different for so many because of lockdown.</p> <ul style="list-style-type: none"> • Find out 5 facts about Ramadan and Eid • Make a card to wish someone Eid Mubarak (Happy and blessed festival) - here are some examples but there are lots of others on

Bearness Primary School Summer Term Home Learning Planner

	<p>favourite DVD, take 10 deep breaths etc. If you don't have a box or container you can find a special place in your room to put the items or simply draw a toolbox like the one below and write a list on it.</p> 	<p>Pinterest or YouTube (for example https://www.youtube.com/watch_popup?v=zD9O06SH-WU)</p>  <ul style="list-style-type: none"> • Make some Eid cookies (Kahk) - there is a good recipe here https://www.mamalisa.com/blog/recipe-for-egyptian-kahk-cookies/ with some really good information about Eid (remember that 'all-purpose flour' is Plain flour in the UK!)
<p>Geography/History</p>	<p>From the products you found around the home last week can you create a map from these items? You could create a large world map and place the different products in the location they were made.</p> 	<p>Create your own timeline of your lockdown experience. You could, draw, paint, add photos or add models of the things you have enjoyed. This will be a nice project to reflect on afterwards.</p> 
<p>EYFS challenges on Tapestry</p>	<p style="text-align: center;"><u>Challenge 1) Write a heart letter to someone you care about</u></p> <p style="text-align: center;">Draw a heart on some paper and write a note to someone to say you're thinking of them. It could be your Nanny or Grandad, an Aunt or Uncle, your cousin, best friend—anyone!</p>	

Bearnes Primary School

Summer Term Home Learning Planner



Maybe you could send the person a photo of your heart, or drop it through their door, so they know you're thinking of them.

Challenge 2) Baking

Lots of people have enjoyed baking in the past few weeks. Why don't you try making something together? Here is an easy recipe for fairy cakes.

Ingredients

- 110g/4oz [butter](#) or margarine, softened at room temperature
- 110g/4oz [caster sugar](#)
- 2 free-range [eggs](#), lightly beaten
- 1 tsp [vanilla extract](#)
- 110g/4oz [self-raising flour](#)
- 1-2 tbsp [milk](#)

For the icing

- 300g/10½oz [icing sugar](#)
- 2-3 tbsp water
- 2-3 drops [food colouring](#)
- hundreds and thousands, or other cake decorations

Method

8. Preheat the oven to 180C/350F/Gas 4 and line 2 x 12-hole fairy cake tins with paper cases.
9. Cream the butter and sugar together in a bowl until pale. Beat in the eggs, a little at a time, and stir in the vanilla extract.
10. Fold in the flour using a large metal spoon. Add a little milk until the mixture is a soft dropping consistency and spoon the mixture into the paper cases until they are half full.

Bearnes Primary School

Summer Term Home Learning Planner

11. Bake in the oven for 8-10 minutes, or until golden-brown on top and a skewer inserted into one of the cakes comes out clean. Set aside to cool for 10 minutes, then remove from the tin and cool on a wire rack.
12. For the icing, sift the icing sugar into a large mixing bowl and stir in enough water to create a smooth mixture. Stir in the food colouring.
13. To ice the fairy cakes, drizzle the icing over the cakes, sprinkle with decorations and set aside until the icing hardens.

